

English Express

June 2016

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What is going on in the world in June?

1st- Dare Day is a day to challenge someone. In this case the word challenge means a prank, for example asking someone out on a date.

2nd - National Rocky Road Day is a day connected with eating ice cream, specifically Rocky Road ice cream. We can do the ice cream ourselves, or just add some nuts, chunks of semisweet chocolate and little marshmallows to ice cream.

3rd – Repeat Day is a day to do things over and over again, like eating, eating and eating, or putting on your coat and taking it off and putting it again.

4th – Hug Your Cat Day is a day to give your cat a furry hug. People who love cats can really enjoy it, make your cat happier, don't forget about your pet.

5th – World Environment Day is celebrated every year to take positive environmental action to protect nature and the planet Earth. It was established by the United Nations General Assembly in 1972.

6th – Yo-Yo Day as the name suggests is about Yo-Yo, wherever you are get out your Yo-Yo and show your friends and your family what you can do with Yo-Yo.

7th – National Chocolate Day is a day when people from the USA can't wait for. On that day they taste the most favourite flavor of ice cream - chocolate. No limits!

8th – Best Friend Day is a time to thank and spend some free time with your bff (best friend forever).

9th – Donald Duck Day in honor of Donald Duck's cartoon which was created in 1934. Its probably the most famous and popular Disney cartoon character.

10th – National Iced Tea Day, just do or buy iced tea and chill out with friends.

11th - National Corn on the Cob Day. During that day we steam or grill some fresh, sweet, corn on the cob. Plainview and Minnesota celebrate this day in a special way, they are organize a parade and festivities.

12th – Red Rose Day is a time to enjoy America's favourite flower. Why red rose and June? Because it's the most popular month to get married and June is the month

What is going on in the world in June?

13th –Sewing Machine Day, the first sewing machines were made in France in the 1830s. Our grandmothers used to have a sewing machine, but now they don't .

14th – Flag Day- is a day for all Americans to celebrate and show respect for their flag.

15th– Smile Power Day is a day to give everyone a big, friendly smile! A smile is powerful because it adds years to your life, makes you a happier person and people around you, don't forget about smile.

16th– Fresh Veggies Day is a great day to make your day healthier, with fresh veggies.

17th– Eat Your Vegetables Day another day to celebrate healthy life style. Don't forget about eating vegetables!

18th– International Picnic Day is a great day to go outside with friends and have a picnic!

19th– National Kissing Day as the name suggests is connected with kissing. You know how to celebrate it.

20th– Summer Solstice it's the longest day in the year. It's time to enjoy vacations, great weather and freedom, freedom!

21st– Go Skate Day is a good day to get your skateboard and have some fun.

22nd– National Chocolate Eclair Day. Éclair is a kind of crispy pastry filled with some pastry cream. Don't forget to try it!

23rd– National Pink Day is a day for especially ladies, you can celebrate it by wearing pink clothes and shoes.

What is going on in the world in June?

24th– Swim a Lap Day, how to celebrate it? Just enjoy things that summer has to offer.

25th– National Catfish Day is a day to eat some fried catfish, you must discover it!

26th– Forgiveness Day is a time to forgive and to be forgiven. Global Forgiveness Day began in 1994 and it was created by the Christian Embassy for Christ's Ambassadors.

27th– Sunglasses Day - on this day you must wear sunglasses. It's so simple to celebrate it! Sunglasses Day is a shady day for your eyes."

28th– Paul Bunyan Day. Paul Bunyan was a gigantic lumberjack of American Folklore. We can celebrate this day by reading something about his history.

29th– International Mud Day is a day very special, all you need to celebrate this day is water and dirt, mix them and have some fun...

30th– Meteor Watch Day is a time to look for meteor shower in the sky.

Do you know that...?

English language has a lot of words about 600 thousand but to communicate it is enough to know about 2,000 words

The longest word in English language is pneumonoultramicroscopicsilicovolcanoconiosis – which means a lung disease.

Most words in English begins with the letter “s”.

The word “set” has 464 meanings.

The word “underground” is the only English word which begins and ends with the “und.”

The word “screeched” is the longest monosyllable word.

The longest English word, in which none of the letters is repeated, is “uncopyrightable.”

The word “queue” is the only English word which will be pronounced similarly if we remove the last four letters.

The top scoring combination of letters in the English version of word games Scrabble is a word “quartz”. For the position of the word in the right place on the board the player can get up to 164 points.

“The quick brown fox jumps over the lazy dog”. This sentence is a combination of all the words of English alphabet.

ANNOUNCEMENT HELP IF YOU CAN!

We would like to invite you to take part in the collection of toys, board games, teddy bears and other things suitable for children attending Świetlica Terapeutyczna in Stella. The children are waiting for your help. The collection will take place until 27.05.2016. If you have any toys that you do not need any more, do not hesitate, give them to Mrs. Beata in the cloakroom.

Thank you!

The Interview

Interview with Paulina Bębenek!

Michał: Hello Paulina! How are you?

Paulina: Hello. I feel fantastic today.

M: That’s good to hear. Let’s start with the first question. Did you take part in the bank contest?

P: Yes, I’m a finalist in the bank contest.

M: When did it happen?

P: The last stage finished on 8th March in Poznań.

M: You had to travel to Poznań. Do you enjoy travelling?

P: I love travelling. We had to travel 10 hours by train but journey with someone like Mrs. Sojka is sheer pleasure. Our accommodation was in the city center so I could see a bit of the city.

M: How long have you been preparing yourself for this contest?

P: A lot haha. Really a lot because there was a lot to learn. Now I could work as a bank expert!!!

M: Did you feel stressed out on the day of competition?

P: Yes, of course. I was so stressed that I couldn’t sleep the night before because I was afraid that I would forget everything.

M: How did you feel when you got your results ?

P: I was sooo happy! The test was really hard. I couldn’t believe that I qualified.

M: What do you think about your future?

P: I would like to connect my future with the economy but it isn’t the only plan I have. Time will show.

M: Thank you.

P: Thank you too.

The review

The Giver Movie Review

„The Giver” is a drama film directed by Phillip Noyce, it’s an adaptation of the book by Michael Mitnick with the same title. The film is full of wonderful characters. The plot is thrilling and thought-provoking.

“The Giver” takes place in a community at some point in the nondescript future without war, pain, suffering, differences or choice, where similarity is prized above all else. A colorless monochromatic society is formed without memories and everyone follows rules established by the Chief Elder (Meryl Streep) and the Elders. Teenagers “graduate from childhood,” by being assigned to a career chosen by the Elders. Jonas (Brenton Thwaites) lives with his parents known as “family unit” and has two best friends, Fiona and Asher, and he feels different from his friends. Jonas is surprised when he is not assigned a job at all. He is, instead, “selected” to be the next Receiver of Memories of now-extinct experiences like love, war, sex and pain, because he apparently has the ability to “see beyond.” He has no idea what that means. He is trained by his mentor, The Giver (Jeff Bridges), who gives prompts of the world before The Ruin. The Giver’s cavernous residence, located on the edge of a cliff, is a gloomy and masterful set, overlooking the clouds gathered below, making the Givers’ appearance little bit mysterious. During the training sessions, the Giver bombards Jonas with memories from all of humanity, memories that push Jonas into action.: He wants to have the choice to feel things that may be unpleasant. He is not allowed to share his training with others Jonas learns emotions such as love and fear and the concept of family. Moreover, he starts to see colors again . When he discovers that Gabriel- the baby that he loves as a brother will be eliminated, he has to make a decision...

There are multiple quick-shot montage sequences of smiling babies, praying Muslims, crashing waves, paper lanterns, crying elderly people which are the innovative glimpses of human experience. The music swells, pushing the emotions on us and the montages have the similar effect intended. It’s a visual form and style that actually express the strength of the human spirit.

The review

Alexander Skarsgård and Katie Holmes do a very good job as Jonas’ parental units, they are playing human beings whose emotions are entirely delated. The young actors also adds a lot to the film but Jeff Bridges is excellent and very convincing. There is one moment when the Giver tells Jonas what the word is for the “feeling between people,” and his eyes burn with pain and loss as he says, “Love. It’s called love.” It’s the most powerful moment in the film. His emotion is so palpable that it reaches off the screen and grips your throat.

Summing up, “The Giver” is an emotionally strong film, absolutely well worth seeing. I definitely recommend this film to everybody. Personally I will watch it again for sure.

Grammar

Grammar exercises- Present Simple Tense

1.Kasia i Tomek lubią jeść pizzę.

Kasia and Tomek(like) eating pizza.

2.Ja nigdy nie piję kawy rano.

I never(drink)coffee in the morning.

3.Czy ty chodzisz do szkoły codziennie?

..... you.....(go) to school everyday?

4.My nie jemy fast-foodów.

We.....(not, eat) Fast food.

5.On nie pracuje w soboty.

He(not,work) on Saturdays.

Grammar

6.Zosia czyta książki każdego wieczora.

Zosia(read) books every evening.

7.Czy wy często chodzicie do kościoła?

..... you often.....(go) to church?

8.Karol i Paulina nie jedzą mięsa.

Karol and Paulina(eat) meat.

9.Czy ty chodzisz na zakupy raz w tygodniu?

..... you.....(go) shopping once a week?

10.Czy ona je sushi?

..... she.....(eat) sushi?

Horoscope

AQUARIUS (21 January - 19 February)

Be alert. Stay away from troubles and dangerous situations. Instead of bungee-jumping go to the swimming pool. All you need now is to relax.

PISCES (20 February - 20 March)

Don't be sceptical and too rational. Be positive and just go with the flow. You are full of potential now so don't be scared to take the plunge. Your creative, crazy ideas will definitely take off

ARIES (21 March - 20 April)

Take care of your body and health. Don't overeat and go to the gym regularly . You need to start moving! Even walking can improve your immune system and keep you fit. But don't torture yourself over your looks.

TAURUS (21 April - 20 May)

Who are you worrying so much? Tell your best friend what is bothering you. The proverb 'Every cloud has a silver lining' should be with you. You will have an unexpected meeting at the end of the month.

GEMINI (21 May - 20 June)

Remember: stress is unpleasant and dangerous, but it can be overcome. Try some exercises and spend time outside and you will feel better soon. There is someone around who is trying to gain your attention.

CANCER (21 June - 20 July)

This is definitely your time, so try to take the most of it. Meet your friends, throw a party and have fun. You will be surprised how exciting life can be. And don't forget that the glass is always half full, not half empty.

LEO (21 July - 22 August)

What a long face? Even if you don't feel like it, force yourself to smile. Take it easy, read jokes and avoid gloomy people. Everything is going to alright. You will meet an old friend.

Horoscope

VIRGO (23 August – 22 September)

Why do you make fun of other people? Don't you feel alone and frustrated? Try to be nicer and others will be kind to you. Do that and your social life will flourish immediately

LIBRA (23 September - 22 October)

Are you tired with your work and family life? Need some peace and quiet? Take a holiday, go to the park or just start meditating. It will relieve your stress and give you positive energy.

SCORPIO (23 September - 22 October)

Don't say that nothing ever works out in your life. Stop complaining and start doing something. Think about new challenges. And remember that practice makes perfect.

SAGITTARIUS (22 November - 20 December)

5 hours a day in front of your computer screen isn't a very good scenario for your daily routine. Don't you feel tired? Take up a new hobby, go out and get yourself a life. You won't regret it!

CAPRICORN (21 December - 20 January)

What is going on with you? Are you feeling uneasy? Have butterflies in your stomach? Blushing? Well, it is called 'love'. You will have the time of your life. Good luck!

Recipe

Blueberry cheesecake

Description:

Heavy blueberry, creamy, delicate cheesecake. The Cheesecake has a beautiful purple colour. For decoration you can use, for example, whipped cream or vanilla yoghurt and sprinkle the top with berries.

Ingredients:

Short pastry/ shortcake:

- 200g plain flour
- 40g caster sugar
- 1 egg
- pinch of salt
- 100g butter

Curd:

- bucket of cottage cheese - 1 kg
- cottage cheese or semi double grounded quark cheese
- approx 500g of fresh or frozen blueberries
- 200ml milk
- 4 egg yolks
- 200g sugar
- 4 teaspoons vanilla sugar
- 2 packages of vanilla pudding without sugar (packaging for 500ml milk)

For decoration:

- white chocolate
- vanilla yoghurt
- blueberries

Recipe

How to prepare:

Prepare a short pastry. Pour flour into a bowl. Add cold butter chopped into small pieces, powdered sugar, a pinch of salt and the egg. Knead quickly to a homogeneous mass using hand or a food processor, or using the dough hook. Put on the bottom of the spring form pan with a diameter of 26 cm baking parchment paper, and then tighten the rim. Paste cake in a spring form pan, together with its side about halfway up. Put the cake tin with cake into refrigerator while preparing curd. Prepare the curd. Mix berries in a blender, then rub through a sieve. Discard the skins and measure 300ml of puree. (First defrost frozen berries). Cottage cheese, 300ml berry puree, milk, sugar, vanilla sugar, egg yolks and powdered pudding mix for a minute until smooth, only until the components will join. (Do not mix too long). Put the curd into the mould. Bake in a preheated oven for approx. 60 minutes at 180 ° C. Turn off the oven and allow the cheesecake to stay in the oven with the oven door slightly open. Insert cool cheesecake for a few hours or preferably overnight into the refrigerator. Garnish as desired. (For me, 100g white chocolate melted in a water bath with a teaspoon of oil and a touch of berry puree. I spread on chocolate vanilla yoghurt and berries).

ENJOY YOUR MEAL!

Sport News

Amazing Jerzy Janowicz

After having a break for several weeks he was able to qualify for Roland Garros. The remaining Polish players will have to try their luck in qualifying.

Polish handball

Polish handball players won the third place in Katar championships and they are going to take part in the Rio Olympics.

The tournament is not over yet but we are sure that the handball players are going to Rio de Janeiro. We are very happy they won because it was not an easy thing as they have a new coach Talant Duyshebaev.

What a surprise!

Robert Lewandowski is only a substitute football player in the match between Benfica and Bayern.

Polish proud

Excellent news from England! Bartosz Białkowski was chosen the best player of the season.

Sad news

Agnieszka Radwańska and Magda Linette will not play in Taiwan.

Tennis players: Agnieszka Radwańska and Magda Linette will not play in the play-off in Taiwan. In Inowrocław they will be replaced by Katarzyna Kawa and Magdalena French.

Tongue Twisters

Try to read that out in ten seconds! Good luck!

- She sells sea shells by the sea shore. The shells she sells are surely seashells. So if she sells shells on the seashore, I'm sure she sells seashore shells.

- How much wood would a woodchuck chuck if a woodchuck could chuck wood? A woodchuck would chuck all the wood that he could if a woodchuck could chuck wood.

- Theophilus Thistle, the successful thistle sifter, was sifting a sieveful of unsifted thistles, when he swiftly thrust the thistle through the thick of his thumb.

Key Grammar

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Kasia and Tomek like to eat pizza

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Do you go to school everyday?

4.My nie jemy fast-foodów.
We don't eat Fast food.

5.On nie pracuje w soboty.
He doesn't work on Saturdays.

6.Zosia czyta książki każdego wieczora.
Zosia reads books every evening.

7.Czy wy często chodzicie do kościoła
Do you often go to church?

8.Karol i Paulina nie jedzą mięsa.
Karol and Paulina don't eat meat.

9.Czy ty chodzisz na zakupy raz w tygodniu?
Do you go shopping once a week?

10.Czy ona je sushi?
Does she eat sushi?